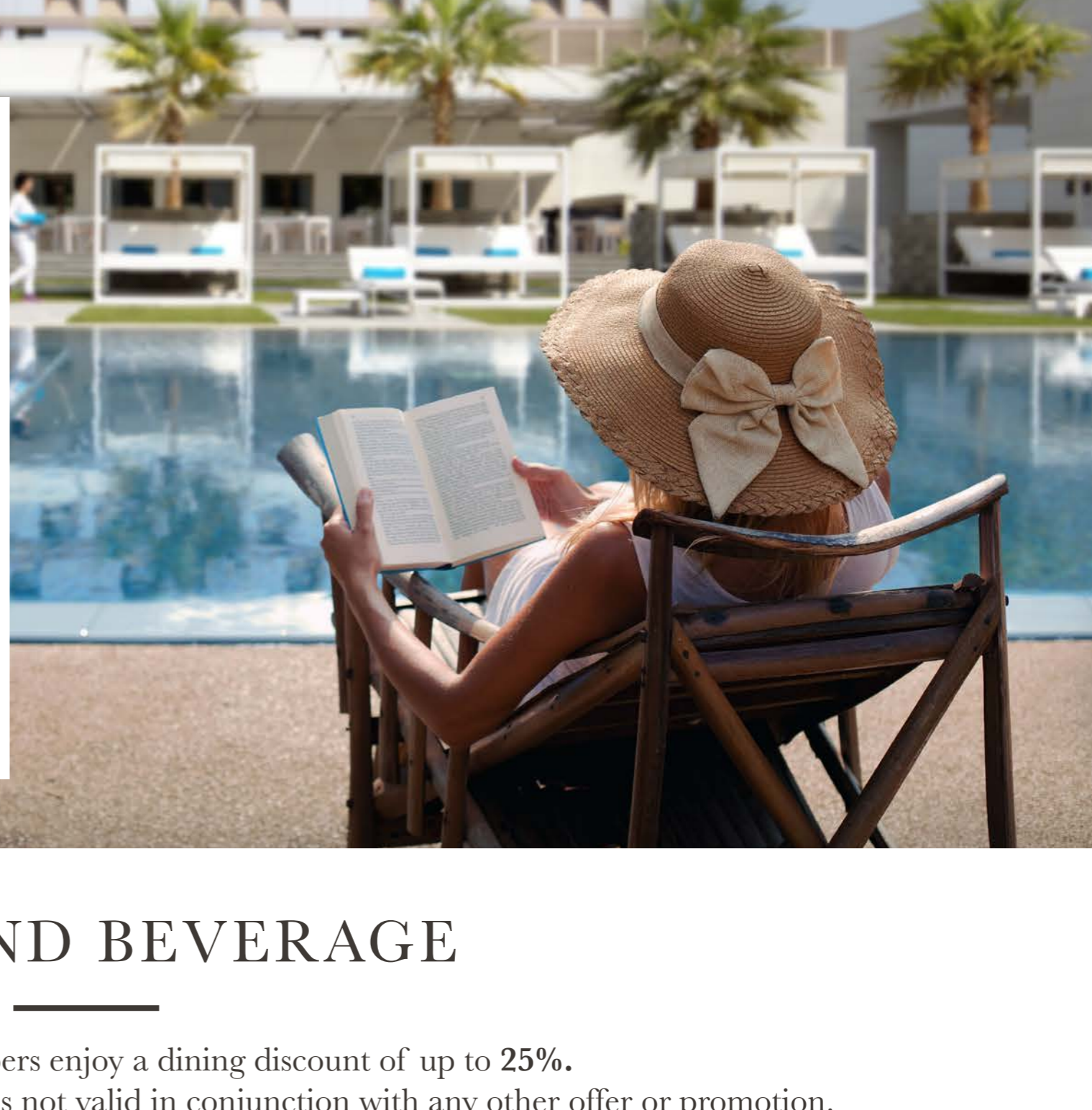


# JULY NEWSLETTER

Explore the specials and promotions of the month at InterContinental® Bahrain.

[BOOK NOW](#)



## FOOD AND BEVERAGE



ONE REWARDS

Members enjoy a dining discount of up to 25%. Offer is not valid in conjunction with any other offer or promotion.

### Selections

## DOUBLE DELIGHT

Indulge in a scrumptious lunch or dinner buffet this summer at Selections.

LUNCH | DINNER

BD 8.9 Net

[BOOK NOW](#)

Offer valid until the end of August. Not applicable in conjunction with any other promotions.



## NILE DELIGHTS

EGYPT NATIONAL DAY CELEBRATION!

Celebrate Egypt's National Day with a tantalizing culinary journey through its rich and vibrant flavors!

23 - 24 JULY | 6:30 PM - 10:30 PM

PRICE BD 8.9 NET

**NEW**

[BOOK NOW](#)



## LADIES BREAKFAST

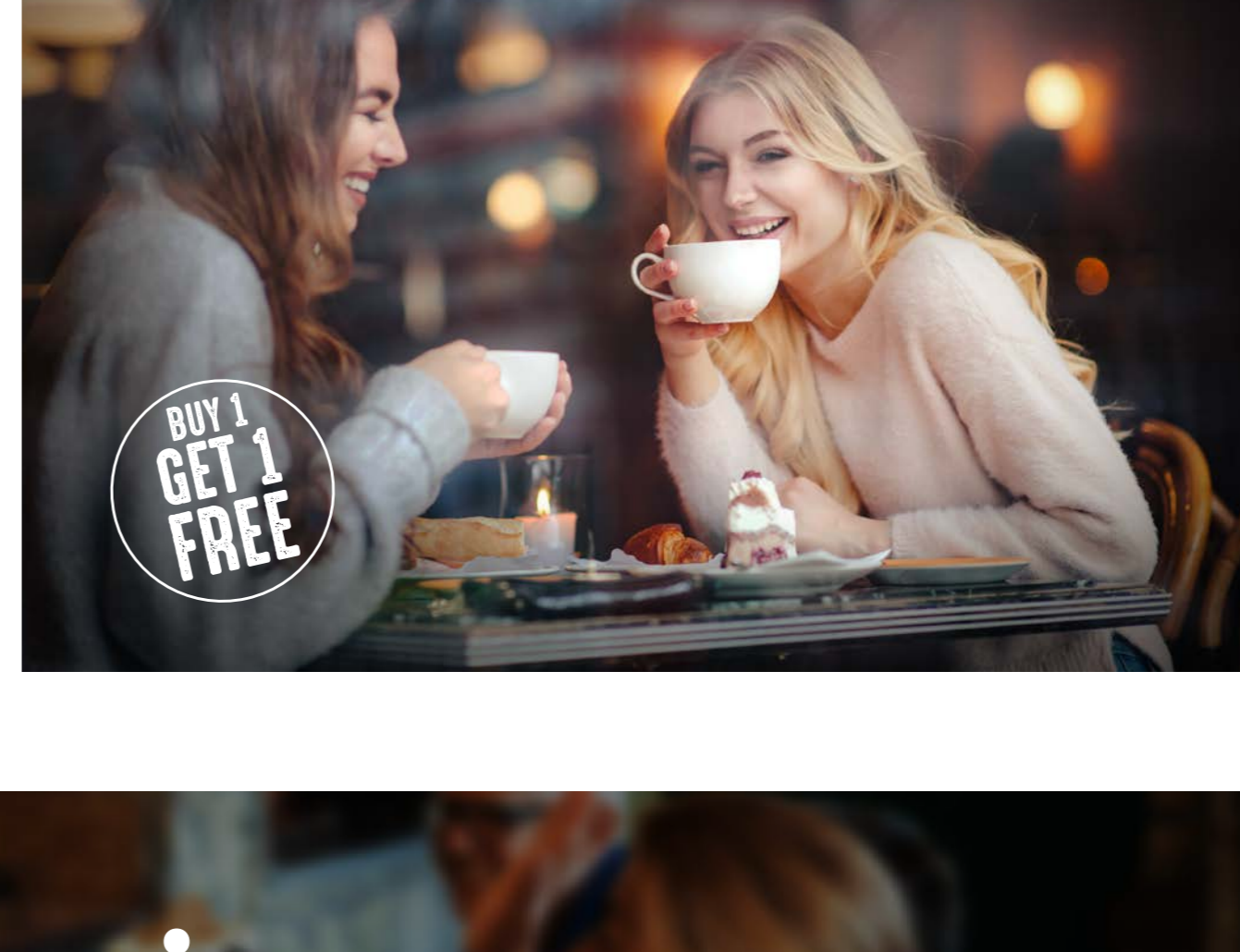
Ladies get to enjoy **buy 1 get 1 free** on breakfast buffet.

Day: Sunday - Thursday

Time: 6 AM - 10:30 AM

Price: **BD 16.4 Net**

[BOOK NOW](#)

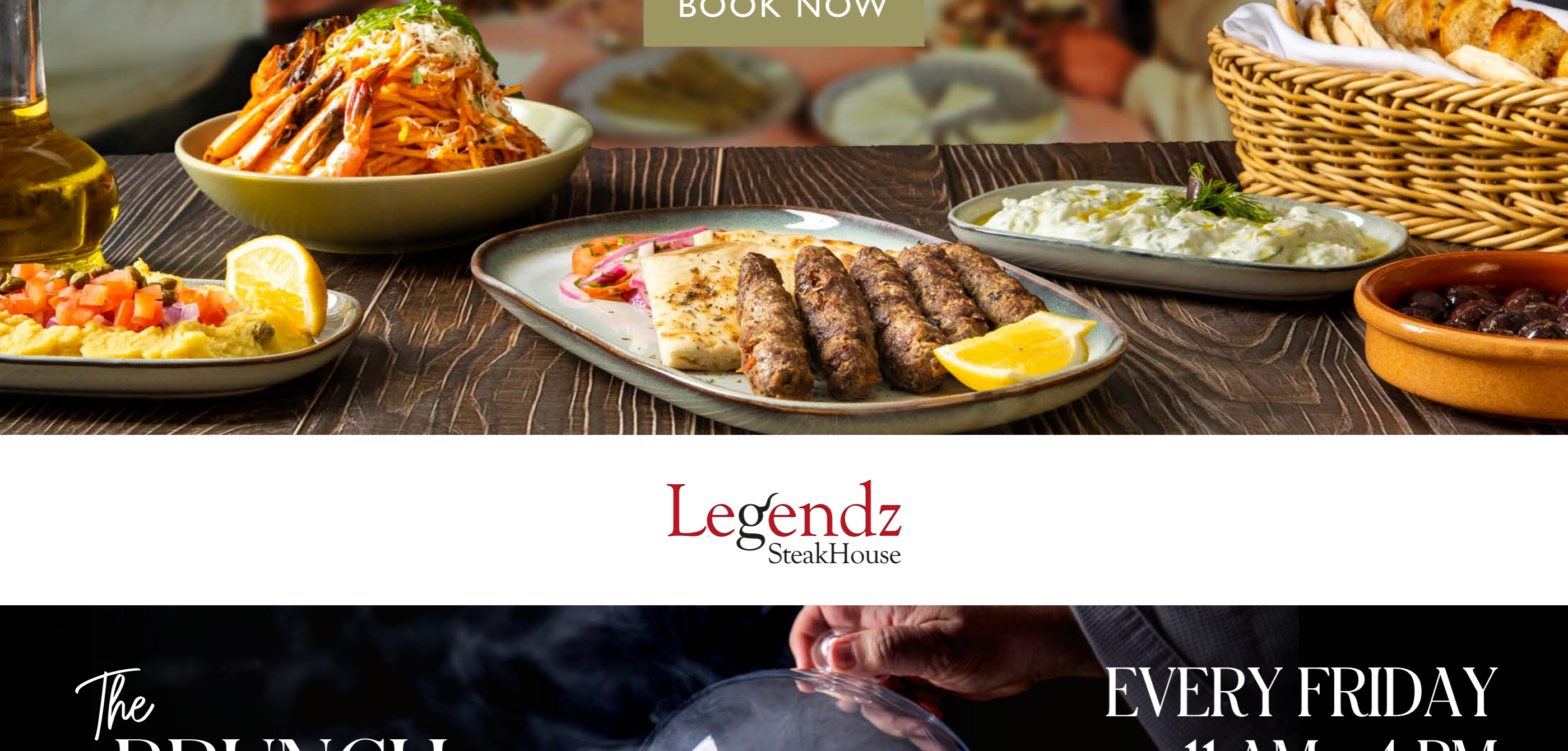


## Rigani

Just Greek, no drama.

Every day from 6 pm - 10:30 pm

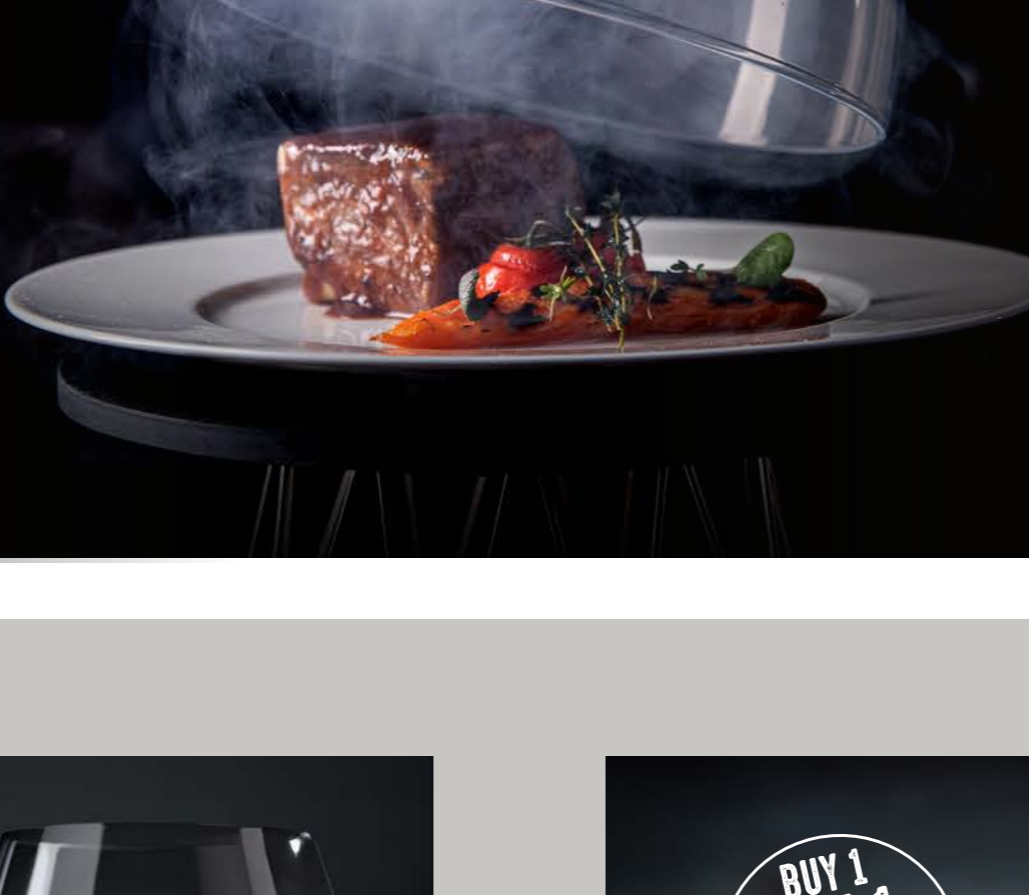
[BOOK NOW](#)



## Legendz

SteakHouse

## The BRUNCH FOR FOOD LOVERS



EVERY FRIDAY  
11 AM - 4 PM

SOFT BEVERAGES  
BD 28 NET

ENDLESS SELECTED SPIRITS  
BD 37 NET

KIDS POLICY WILL BE APPLIED

[BOOK NOW](#)



## SUNDAY RIB-EYE NIGHT

Enjoy our famous New Zealand grass fed RIBEYE steak cooked to your liking with a complimentary glass of wine.

Every Sunday | 6:30 PM - 10:30 PM  
BD 14.2 Net

[BOOK NOW](#)



## TWO FOR ONE STEAK MONDAY

Make your Mondays sizzle with our steak special! Buy one juicy steak and savor another for free.

Every Monday | 6:30 PM - 10:30 PM

[BOOK NOW](#)



## BEER & Fries

WEEKDAYS | WEEKENDS  
12 PM - 12 AM | 12 PM - 2 AM



### TIE BREAKER DEAL

Two pints of Bitburger Beer + a choice of appetizer (pizza, chicken skewers, nachos)

BD13 NET

### BEER BUCKET

5 Budweiser beer bottles

BD15 NET

ON THE HOUSE! Spend BD30 and get a pint of beer on us!

[BOOK NOW](#)



## YOUR FLOATING HAPPINESS

Begin your day in a luxurious paradise with a floating breakfast for two right in the heart of Manama.

Everyday | 9 AM - 12 PM  
BD 16 Net for two people (Free pool access until 4 pm)

[BOOK NOW](#)



## POOL SIDE TAPAS & SUSHI

Savor small plates, appetizers, and sharing platters with the pool with our unique cocktails while soaking up the sun.

Every Friday and Saturday  
12 PM - 10:30 PM  
Starting from BD 4

[BOOK NOW](#)



## Salsa NIGHT

MOVE YOUR BODY TO THE BEATS OF LATIN MELODIES played by our DJ and band, with the help of our instructor who will show you how it's done!

EVERY SATURDAY

Free Lessons from 8:30 pm to 9:30 pm

9:30 pm Onwards - Social night with our band Los Hidalgos

Ladies get to enjoy a Free Drink during lessons

Prior registration required

[BOOK NOW](#)

## HOTELIER AND CREW DAY

Hoteliers and crew members rejoice! Avail 50% off at any of our venues every Sunday! Don't forget to bring your IDs.

Day: Every Sunday

Lunch: 12 PM - 3 PM

Dinner: 7 PM - 11 PM

[BOOK NOW](#)



ENJOY 50% OFF

## EVENTS & RECREATION

## SPA

INTERCONTINENTAL

**NEW**

## SUMMER OFFER

REVIVE YOUR BODY, MIND AND SOUL

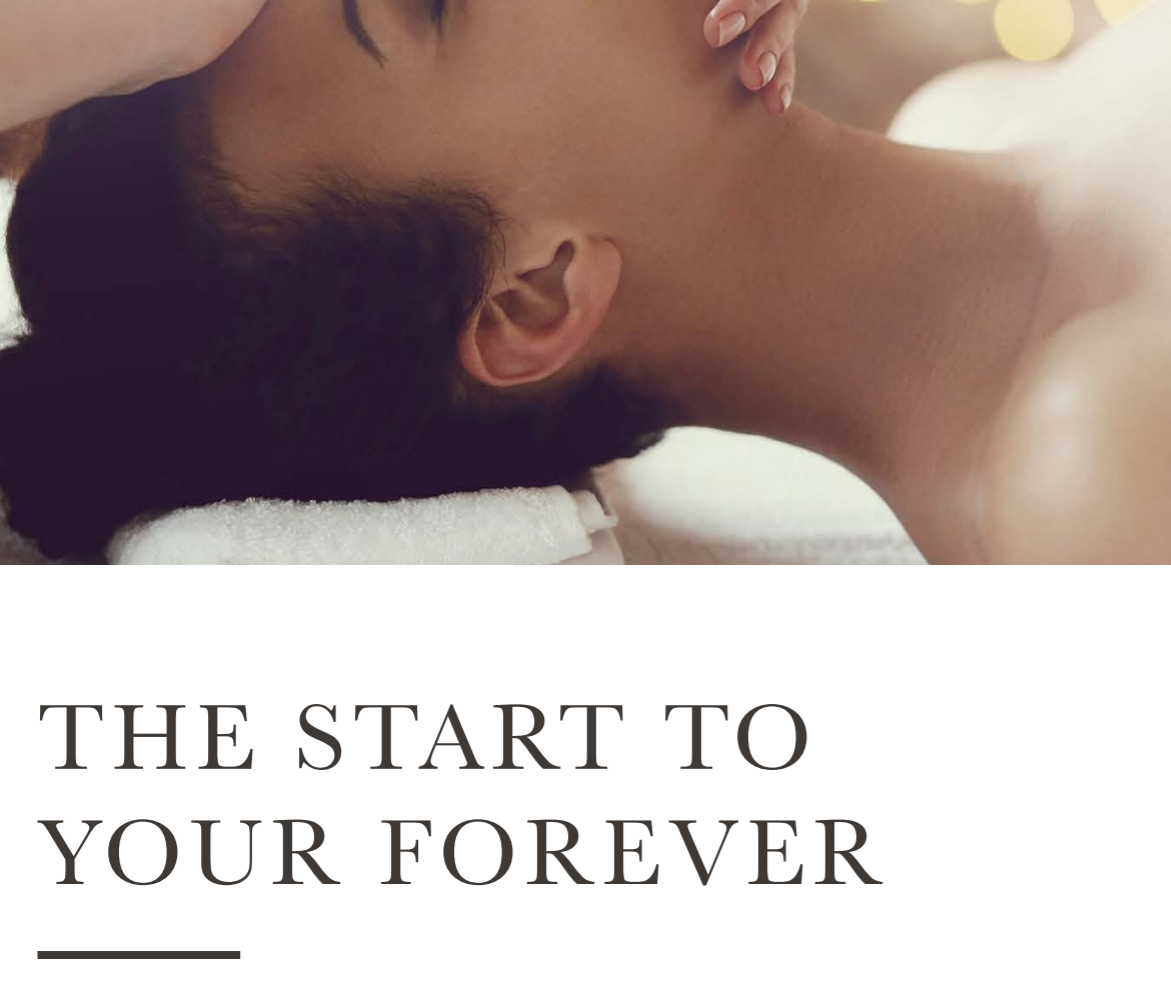
Relax and unwind with our 50 minutes massage packages.

BUY 5 GET 1 FREE BD200NET

BUY 10 GET 2 FREE BD400NET

For more details, please call 1720 8355

[LEARN MORE](#)

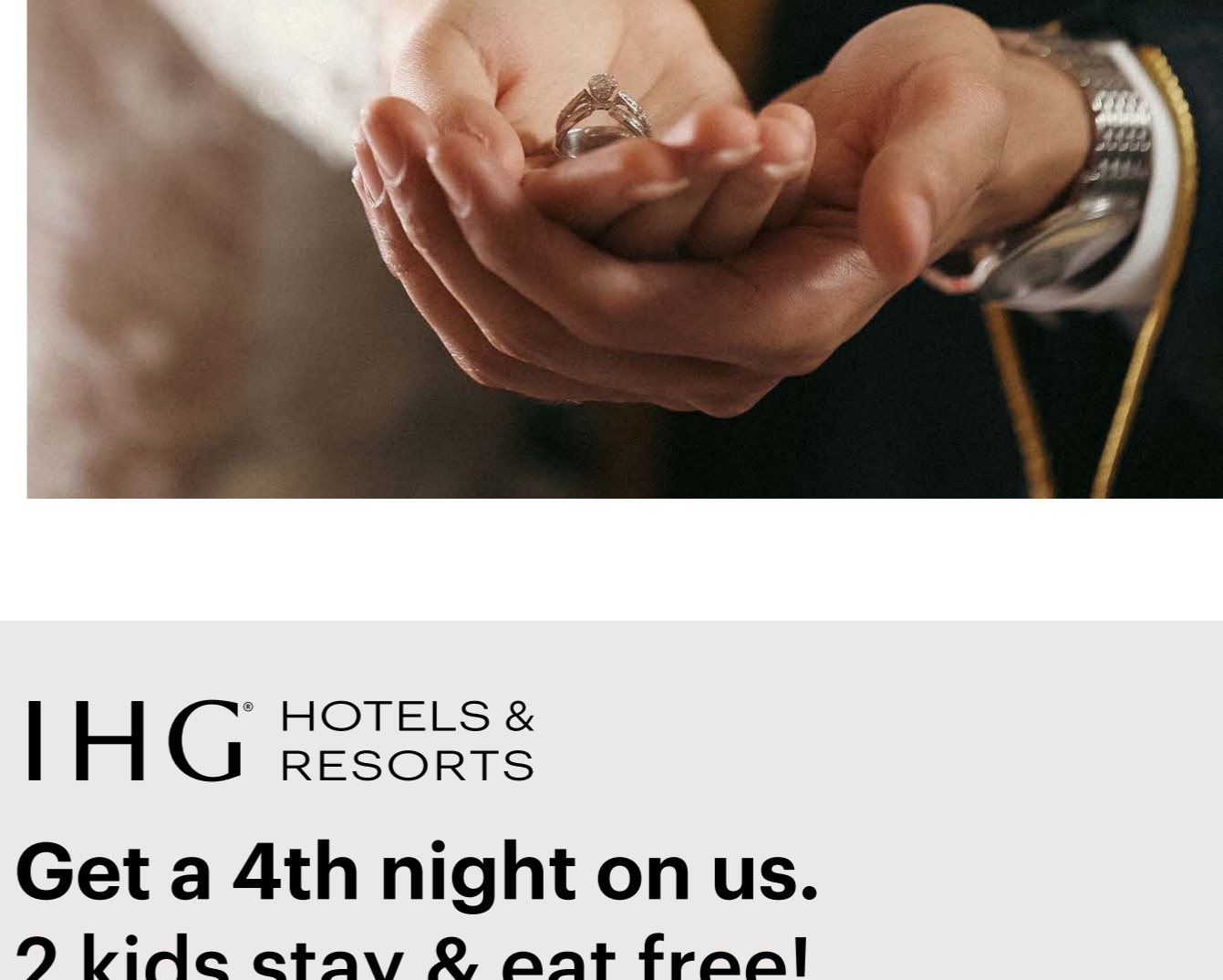


## THE START TO YOUR FOREVER

Begin your romantic adventure with our exclusive rates for your ideal wedding, where every detail is tailored just for you.

Packages starting from BD1,400 Net\*

[INQUIRE NOW](#)



## A Suite Deal

IHG HOTELS & RESORTS

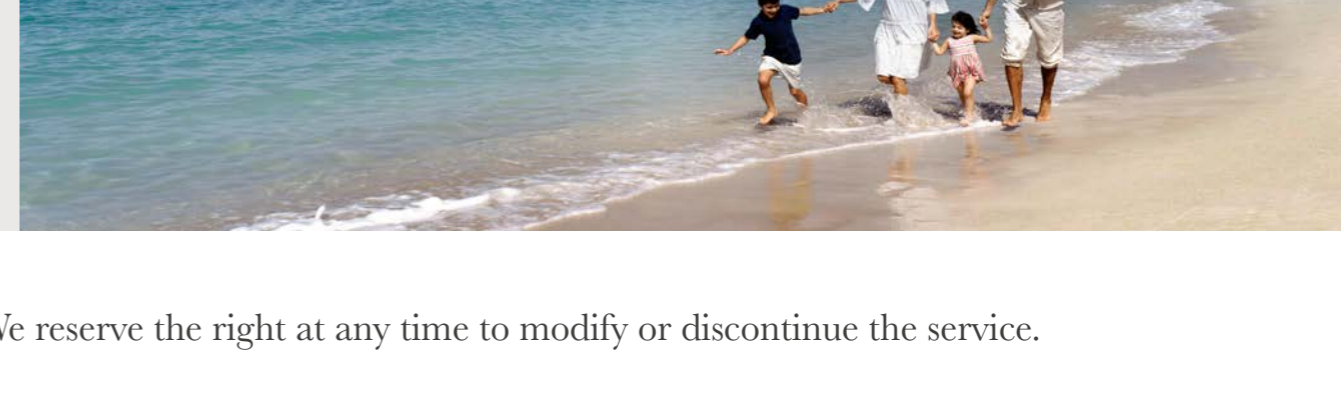
Get a 4th night on us. 2 kids stay & eat free!

Book A Suite Deal for stays until 31 October 2024

[Book now](#)

Terms apply

IHG HOTELS & RESORTS  
Up to 24% off for everyone, & 10% extra for members booking in the IHG One Rewards app  
Book for stays until 6 October 2024  
[Book now](#)  
Terms apply



## Moments to Remember

\*T&C: The prices for our products are subject to change without notice. We reserve the right at any time to modify or discontinue the service.